



Montgomery County Food Bank Volunteer Opportunities

Mission: To provide nutritious meals to hungry children, adults, and senior citizens, and assist the county in disaster relief.

Our vision at the Montgomery County Food Bank (MCFB) is simple yet powerful – end hunger in our community. As a private, non-profit organization, the mission of MCFB is to feed the hungry of Montgomery County through the assistance of partner agencies, and also support the county in disaster relief. MCFB currently collects and distributes more than eight million pounds of food each year, providing millions of nutritious meals to low income children, adults and seniors living in Montgomery County through our programs and approximately 52 hunger relief partner agencies.

Sort Room

- Product received into the Montgomery County Food Bank is examined and sorted into boxes for distribution to over 50 Partner Agencies that will support in feeding over 40,000 people per month, including children, elderly and families. This is achieved through Volunteer contributions working together in our Sort Room. We have sorting opportunities Monday through Friday.

Special Events

- MCFB has off site opportunities that occur during the nights and weekends. We need volunteers to help distribute food at food fairs, help at fundraising events, pick up food from food drives and even help our mascot, Fritter!

Office Help

- Our administrative staff can always use volunteers to assist with light office work. Including filing, data entry and mailing newsletters.

How to get Involved

To volunteer please complete the online form. If you have questions or would like to schedule a group please email volunteers@mcfoodbank.org or call (936)539-6686

Benefits of Volunteering

Montgomery County Food Bank relies on our volunteers to feed more than 35,000 people each month. Volunteering is a great way for YOU to make a difference in your community. We could not make as big an impact in the community without the help of our volunteers.

Additionally, volunteering has been proven to have positive health effects. People who volunteer have lower rates of depression, greater functional ability, and lower mortality rates than those who don't volunteer. Researchers have found that volunteering builds empathy, makes you happier, and creates strong social bonds. It can also strength your time management skills. Research from Wharton University has found that individuals who volunteer their time have found that they feel like they have more time than those who did not volunteer.

Weekly Volunteer Opportunities

Volunteers are needed to help sort, inspect the quality of donated food, and help box the food into packages ready to be sent into the community. A significant portion of food arrives mixed together, so volunteers are essential to getting the food processed and ready to send out to those in need in Montgomery County. The following times are available to come and volunteer:

Monday through Thursday: 9:00am – 12:00pm and 1:00pm – 4:00pm

Friday: 9:00am – 12:00pm and 1:00pm – 3:00pm

Children 7 and up are welcome with an accompanying adult.

Closed toed shoes and sleeved shirts are required.

Saturday and Sunday volunteer opportunities are available. Please contact Nicole for more details at 936-539-6686 x2030.

Community Service

To schedule required service hours please call (936)539-6686 ext. 2013

Occasional Opportunities

Volunteers can help MCFB with off-site events. They will assist with event set up and take down, food distribution, collecting donations, and informing others about food insecurity in our community. These offsite events are typically held in the evenings or on weekends. Please contact Nicole for more details at 936-539-6686 x2030.

Corporate Opportunities

Montgomery County Food Bank appreciates the support from surrounding companies and welcomes those who embrace the opportunity to impact their community. Volunteering with your team at Montgomery County Food Bank can produce employees that have a higher morale at work, greater productivity, and more pride in their company.

Schedule your team to volunteer in the fight against hunger.

Does your employer participate in an employee matching or dollars for doers program?

Volunteer grant programs, also known as “Dollars for Doers” programs, are charitable giving programs set up by corporations in which the company provides monetary donations to eligible non-profits as a way to recognize employees who volunteer.

By volunteering your time you may be able to help MCFB raise more money! Many corporations will make a donation in your name to MCFB when you donate your time as a volunteer.

Last year we received 87 matching gift and volunteer grants, which helped us raise \$45,000. This year we set a goal of raising \$75,000 from these programs. If we reach our goal we will be able to provide an extra 90,000 meals to the residents of Montgomery County.